

# ***Podiatrist /chiropodist***

*at*  
**Mountwood Surgery**

**Chris Schafer** BSc(Hons) MChs, Podiatrist/  
Chiropodist



**For:**

- **Ingrown toenail treatment: conservative and minor-op cases**
- **Verruca treatment : cryotherapy and chemical**
- **Footwear advice and specialist footwear provision**
- **Muscular-skeletal assessment: sports injuries, heel pain, sprains, paediatric assessment, provision of orthotics/insoles**
- **Routine chiropody**

**Registered with the major private insurance companies including Bupa**

**For appointments call 0207-317-8478 or mobile 07899014255**

**Email [chrisschafer.footology@gmail.com](mailto:chrisschafer.footology@gmail.com) or visit [footology.co.uk](http://footology.co.uk)**